

RRTC

Rehabilitation Research & Training Center

ace *Autism Center for Education*

CoLA Summer Institute

Educator's Recess: Revitalize and Renew

Sign-up Deadline:
May 20, 2024

Registration Link:

<https://forms.gle/iYUzWJCKVLvF4Wo88>



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Keep calm and carry on. Join us to decompress after a full day of learning because you deserve it. This event will take place on June 20, 2024 beginning at 5 p.m. While these events are not mandatory, these unique sessions will provide a relaxed and engaging environment for CoLA participants to unwind, connect with colleagues, and share experiences. Please sign up for one event only.

- ▶ Painting Outside the Lines - Pre-designed canvas painting
- ▶ Shaken Not Stirred, Sensory Bottles - Creating sensory bottles
- ▶ Revive and Thrive - Group walk and scavenger hunt by the river
- ▶ Headspace: Get Out of Your Head - Yoga and Meditation