



# Transition School to Work

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# Housekeeping

- For educational and quality control, we will be recording this zoom session.
- By participating, you are consenting to being recorded.
- Before this session is shared, we will edit to remove identifying information to protect your privacy.
- The Q&A section will be removed and only be shared as an anonymous transcript
- To ask a question, please type it in the chat box

# Learning Objectives

**Transition School to Work** → **What is it?**

**Transition Age Services** → **How do you access services?**

**Skills at Home** → **Ways to prepare during quarantine!**

**Skills in the  
Classroom/Community** → **Ways to prepare at school!**

# Transition School to Work

- Student to competitive integrated employment
- Post-high school employment
- Strongest predictors of student to worker success:
  - high school employment experiences
  - parent expectations/support

# So Where Do We Start?

## Self-Determination

Autonomy

Competence

Relatedness

## Motivation

Intrinsic or Autonomous

Extrinsic or Controlled

Goal Setting

# Self-Determination Theory

- Belief in one's abilities to achieve goals
- Increases motivation to enhance skills
- Strengths exploration and self advocacy
- Promotes autonomy and independence

# Accessing Services through DARS

- DARS = Department of Aging and Rehabilitative Services
  - Contact your local office to begin the referral process
  - The following services are provided...
    - Help individuals with disabilities to find and maintain integrated, competitive employment
    - Connect clients with job coaches
    - Pre-ETS (Pre-Employment Transition Services)

# Transition Based Programs

- Pre-ETS
- ACE-IT
- Project SEARCH



# Pre-Employment Transition Service (Pre-ETS)

- Provides 5 different services, which include, career exploration and work readiness skill building for students aged 14 - 22
- Students may have an opportunity to have a work based learning experience in a business
- Counseling on post-secondary education

# ACE-IT

- Provides an inclusive college experience to students with intellectual disabilities
- Each student has individualized support to experience college employment, classes and activities on campus
- Students who complete the 20+ credit hours receive a VCU School of Education certificate

# Project SEARCH

- Started in Cincinnati, Ohio in 1996
- Project SEARCH now has 600 programs around the world
  - There are 20 sites in Virginia
- Hands on experience at the host business
- Gain transferable skills
- At the end of the program, interns work with their job coach to find employment

# Transferable Skills

- Abilities that you develop throughout life
- Soft and hard skills
- Skill set that is beneficial in many roles
- Can transfer across many environments

# Vocational Meets Life Skills

- Independent living skills
- Create routines and expectations
- Promote independence with the use of visual supports
- Technology

# Classroom and Community Skills

- Provides student purpose
- Focuses on strengths and independence
- Tasks that promote teamwork
- Foundation for resume

# Who Can Support?

- Student → Self-determination
- Parents → Life skills at home
- Teacher/School Based → Community Based Instruction
- Job coach → DARS eligibility to pursue employment or Pre-ETS

# Resources

## ACE-IT

- <https://aceitcollege.org/>

## CTI Workplace Readiness Handbook

- <https://centerontransition.org/transition/employment/workplacereadinessskills.html>

## Department of Aging and Rehabilitative Services

- <https://www.virginia.gov/agencies/department-for-aging-and-rehabilitative-services/>

## Pre-ETS

- [https://vcurrtc.org/businessconnections/pre\\_ets/](https://vcurrtc.org/businessconnections/pre_ets/)

## Project SEARCH

- <https://www.projectsearch.us/who-we-are/>

## VCU Autism Center or Excellence

- <http://www.vcuautismcenter.org/documents/FinalCommunityAssessment711141.pdf>



# Upcoming Topics

Date	Topic	Presenter

# For questions or more information

Please visit:

[www.vcuautismcenter.org](http://www.vcuautismcenter.org)

Or

e-mail: [autismcenter@vcu.edu](mailto:autismcenter@vcu.edu)

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