

Teaching Self-Determination Skills: Where to Begin

Resources

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VCU/ACE Lunch & Learn

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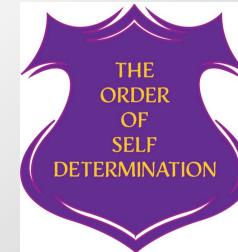
Lesson Plans for Student-Centered IEPs



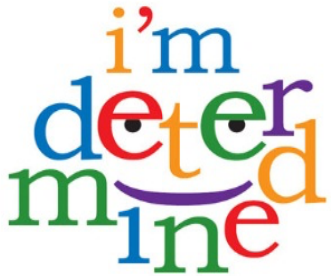
- <http://difabilitiesawareness.weebly.com/disability-awareness-activity.html>
- <http://difabilitiesawareness.weebly.com/teachers.html>
- <http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/lessons-for-teaching-self-awareness-and-self-advocacy.html>
- [NYC DOE Vialu Take Charge- Student-Led IEP Mtg.pdf](#)

Self-Determination Web Sites

- **National Gateway to Self Determination** <http://www.ngsd.org/everyone/what-self-determination>
- **PACER** <https://www.pacer.org/transition/learning-center/independent-community-living/self-determination.asp>
- **Autistic Self-Advocacy Network** <http://autisticadvocacy.org/>
- **WVU Center for Excellence in Disabilities** <http://cedwvu.org/resources/self-determination/>
- **A Student's Guide to the IEP**
<https://www.bridges4kids.org/StudentGuideIEP.pdf>
- **The Order of Self-Determination**
- <https://careercenter.apsva.us/programs/pep/the-order-of-self-determination/>



Items You Can
Find On the *I'm
Determined*
Website
Include...



- **Guides for students to understand their IEP and transition plan**
http://www.imdetermined.org/resources/detail/understanding_my_iep_differentiated
- **Good Day plans**
http://www.imdetermined.org/resources/detail/good_day_plan_implementation_guide
- **Self-determination checklists for all age levels**
http://www.imdetermined.org/resources/detail/i4_self_determination_checklist_student
http://www.imdetermined.org/resources/detail/i4_self_determination_checklist_elementary_student
- **Disability awareness**
http://www.imdetermined.org/quick_links/modules/
- **Anti-bullying and pro-inclusion resources**
http://www.imdetermined.org/quick_links/bully-free_zone/
- **Documents in Spanish**
http://www.imdetermined.org/?sfid=3176&sf_s=spanish

Self-Determination Assessments

Age-Appropriate Transition Assessment Guide

[http://www.nsttac.org/products and resources/tag.aspx#informalAssessments](http://www.nsttac.org/products_and_resources/tag.aspx#informalAssessments)

The Arc's Self-Determination Scale (Adolescent Version)

http://www.beachcenter.org/families/person-centered_planning.aspx?JScript=1

ChoiceMaker Self-Determination Assessment

http://store.cambiumlearning.com/cs/Satellite?c=CLG_Product_C&childpagename=Store%2FStore_Layout&cid=1277941120677&packedargs=packedargs%3Dprgid%253D1277940957943%26prgid%3D1277940957943&pagename=Store_Wrapper&rendermode=previewnoinsite

Self Determination Knowledge Scale

<http://www.proedinc.com/customer/productView.aspx?ID=3601>

Person-Centered Planning Web Resources

Resource	Link
Pacer	https://www.pacer.org/transition/learning-center/independent-community-living/person-centered.asp
ACL	https://acl.gov/programs/consumer-control/person-centered-planning
Cornell	https://www.personcenteredplanning.org/
University of Minnesota	https://rtc.umn.edu/docs/pcpmanual1.pdf
Cognitopia	https://www.cognitopia.com/
Helen Anderson	helensandersonassociates.co.uk/reading-room/how/person-centred-planning/path.aspx

Books About Self-Determination and Person-Centered Planning (PCP)

- ***The Integrated Self-Advocacy ISA Curriculum*** by Valerie Paradiz
- ***Ask and Tell: Self-Advocacy and Disclosure for People on the Spectrum*** edited by Stephen Shore
- ***Self-Determination*** by Michael Wehmeyer and Sharon Field
- ***The PATH & MAPS Handbook: Person-Centered Ways to Build Community*** by John O'Brien, Jack Pearpoint & Linda Kahn
- ***PATH: Planning Alternative Tomorrows with Hope. A Workbook for Planning Possible Positive Futures*** by John O'Brien, Jack Pearpoint, and Marsha Forest