School is starting soon. Do you know about the new COVID-19 changes?
Do your part to slow the spread of COVID-19!

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Virginia Department of Education
Before you go to school this year, you should know about some new changes to school.
Because of Covid-19, we need to change a few things to keep everyone healthy.

What kind of changes? What will be so different?
First, the days when you go to school may change.

You mean I won't go to school every day now?
Some schools are using an A/B schedule. You might only go to school two days a week for awhile.

What about the other days? Am I off school then?
Wait! On the days you don't go to school in-person, you'll use virtual classes.

Virtual classes? What's that?
Virtual classes are just a way to learn when you can't be at school. You'll keep learning online.
Ok, I get it. On some days I go to school in-person. On other days I use virtual classes. What else will be different?
IF WE WANT TO STOP COVID-19, WE'LL HAVE TO WEAR MASKS AND USE PHYSICAL DISTANCING!
A mask?! I have always wanted to wear a mask! I'm ready now!
You'll need a different kind of mask to fight COVID-19. Use one that covers you mouth and nose instead!
I found a mask! It feels a little weird though.

I had to practice wearing my mask. It gets easier!
but you can still see who I am with this mask!

Your mask doesn't hide your identity like mine does. Your mask protects other people.
A hero always tries to protect others. Your mask protects your friends and their mask protects you!
Don't forget about physical distancing! That helps too!

Don't get too close!
Wait, what’s physical distancing? Why can’t I get too close?
Covid-19 can spread easily between people. The closer you are, the easier it can spread!
Physical distancing just means you stand about 6 feet apart. This can help slow the spread of COVID-19!

But what if I have to get closer and hand them a pencil?
Sharing isn't a good idea right now. But if you have to stand closer to someone, wearing a mask can help.

I can do that! Is there anything else I need to know?
Don't forget to wash your hands!

I do that! My mom makes wash my hands before I eat.
With COVID-19, you'll want to wash more often! And scrub with soap for 20-30 seconds!
So are you ready to help join the fight against COVID at your school?

Let's work together to keep our schools and communities healthy!
You can do it!

I'm ready! Now I know what to do to help protect myself and my friends!

Ask for help if you need it!

You've got this!
FOR MORE INFORMATION ABOUT GOING TO SCHOOL THIS YEAR, CHECK OUT VCUAUTISMCENTER.ORG